

CLINICAL CARE UPDATE

Surely you've been vaccinated once or twice!

ADVISOR:

Cover your nose and mouth with a tissue when you cough or sneeze.

Wash your hands often with soap and water.

Avoid touching your eyes, nose or mouth

Practice good health habits including adequate sleep, eating nutritious food, and keep physically active.

Get vaccinated

Contact us at Corporate Health Center for more information

Corporate Health Center

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Why are vaccines important?

To understand the importance and action of the vaccines, it is necessary to first understand the meaning of immunity, which is protection against damage. Everyone resists environmental infections through two ways: by means of passive immunity, which provides protective substances during intrauterine life, or by active immunity, which occurs as a result of natural infection or

through vaccination.

Thus, vaccines are substances that when introduced into the human body produces antibodies against a particular infection necessary. Passive immunity is temporary, whereas active immunity is permanent. Antibodies

The vaccination schedules vary from one country to another, since the prevailing conditions are different in each place.

Immunizations or vaccines are made based

on attenuated viruses or bacteria called dead or toxins, also attenuated. These substances are manipulated in order that they are not capable of causing diseases, but which serve to make our body recognize and neutralize the attack of infectious agents.

Some people believe that vaccines are not necessary and that is wrong, it is very difficult for a person to never come in contact with a disease, and if not vaccinated, the disease can be installed in your system.

How many types of vaccines are there?

Research has enabled the creation of combined vaccines, so one shot can create antibodies for different diseases.

“In the U.S., vaccines have reduced or eliminated many infectious diseases that once routinely killed or harmed many infants, children, and adults. However, the viruses

and bacteria that cause vaccine-preventable disease and death still exist and can be passed on to people who are not protected by vaccines. Vaccine-preventable diseases have many social and economic costs: sick children miss school and can cause parents to lose time from work. These diseases also result in doctor's visits,

hospitalizations, and even premature deaths.” (CDC - <http://www.cdc.gov/vaccines/vac-gen/whatifstop.htm>)

Call Corporate Health Center and get vaccinated for **Measles, Hepatitis, Tetanus, Flu, Yellow Fever, Typhoid and Others.**